

THE  
LISTENING  
PROGRAM®



- 1 Connect headphones to iPod
- 2 Power iPod on
- 3 Select the correct TLP album and module from Playlists\*
- 4 Press play, and adjust volume to a comfortable level\*\*
- 5 An end of module audio cue will indicate when a module is complete

\* Refer to the appropriate listening log for your schedule, day, module, and cycle.

\*\* If using the ABT Bone Conduction Audio System, refer to volume control instructions for that system.

### Helpful Tips

- 1 Charge your iPod when it shows less than 50% charge
- 2 Plug and unplug AC charger carefully
- 3 Make sure all connections are secure
- 4 Do not connect iPod to a computer
- 5 Do not reset iPod settings
- 6 Visit Support at [www.advancedbrain.com](http://www.advancedbrain.com) for additional tips



**DO NOT** connect iPod to a computer, **DO NOT** sync to iTunes: you will lose the TLP music files! To charge iPod, use supplied AC wall charger only. Neither Advanced Brain Technologies nor its providers are responsible for file loss.