

The Listening Program® provides progressive zone training of the entire neuroauditory system including the hearing (cochlea) and balance (vestibular) organs. The music in the program is organized in four categories; Full Spectrum (FS), Sensory Integration (SI), Speech and Language (SL), and High Spectrum (HS). Each album is color coded according to its category and corresponding frequency zone.

**BLUE** - Full Spectrum (FS)  
INTEGRATION OF ALL ZONES

**GREEN** - Sensory Integration (SI)  
FOUNDATIONAL/SENSORY

**ORANGE** - Speech & Language (SL)  
COGNITIVE/COMMUNICATION

**RED** - High Spectrum (HS)  
CREATIVE/ALERTNESS

